



Program 2 2020/21

Age Group	Event 1	Event 2	Event 3	Event 4	Event 5
U6	Vortex	Games and training	100m (Track 2)	300m	
U7B	Shot Put (2)	200m (Track 1)	100m (Track 2)	Long Jump	
U7G	Long Jump Grass	200m (Track 1)	Shot Put (1)	100m (Track 2)	
U8B	High Jump scissors (1)	100m (Track 2)	200m (Track 1)	Shot Put (2)	
U8G	Shot Put (1)	100m (Track 2)	200m (Track 1)	High Jump scissors (1)	
U9B	200m (Track 1)	Discus	100m (Track 2)	Long Jump Tartan Long	400m
U9G	100m (Track 2)	Long Jump Tartan Short	Discus	200m (Track 1)	400m
U10B	100m (Track 2)	Long Jump Tartan Long	Shot put (3)	200m (Track 1)	400m
U10G	200m (Track 1)	100m (Track 2)	Long Jump Tartan Short	Shot put (3)	400m
U11B	Discus	200m (Track 1)	100m (Track 2)	Triple Jump Tartan Long	400m
U11G	Triple Jump Tartan Long	200m (Track 1)	100m (Track 2)	Discus	400m
U12B	100m (Track 2)	Javelin	200m (Track 1)	Long Jump Tartan Short	400m
U12G	Long Jump Tartan Short	200m (Track 1)	Javelin	100m (Track 2)	400m
U13B&G	200H 68cm (Track 1)	100m (Track 2)	High Jump flop	Javelin	400m
U14+B&G	14B&G 200H 76cm 15+B&G 300H 76cm	High Jump flop	100m (Track 2)	Javelin	400m

Order of first event (Track 1)

1. U/13 B&G – 200H
2. U/14 B&G – 200H
3. U/15+B&G- 300H
4. U/9 B – 200m
5. U/10 G – 200m
6. WAIT FOR THE 300H

Order of first event (Track 2)

1. U/12B -100m
2. U/9G- 100m
3. U/10B – 100m