



Program 5 2019/20

Age Group	Event 1	Event 2	Event 3	Event 4	Event 5
U6	Long Jump Grass	70m	Shot Put	200m	
U7B	70m	Discus (Green)	Game/training	200m	
U7G	Game/training	70m	Discus	200m	
U8B	Long Jump Grass	70m	Discus	400m	
U8G	Discus (Green)	70m	Long Jump	400m	
U9B	High Jump Scissors	70m	200m	Shot Put	400m
U9G	Shot Put	70m	200m	High Jump Scissors	400m
U10B	70m	Discus	200m	High Jump Scissors	400m
U10G	70m	Long Jump	Shot Put	200m	400m
U11B	Triple Jump	70m	200m	Discus	400m
U11G	Discus	70m	200m	Triple Jump	400m
U12B	Long Jump	70m	200m	Javelin	400m
U12G	Javelin	70m	Long Jump	200m	400m
U13B&G	200H 68cm	HJ	70m	Shot Put	400m
U14+B&G	14B&G 200H 76cm 15+B&G 300H 76cm	70m	Shot Put	High Jump	400m

First Event Track Order

1. 200H 13B&G
2. 200H 14B&G
3. 300H 15+B&G
4. 70m U/7B
5. 70m U/10B